Student's name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Madanes School**

Certificate in Enneagram Coaching

**Module 15 Homework**

**Please answer the following questions and email them to homeworks@madanesschool.com**

**THE MADANES COACHING CANVAS**

1. What is the Madanes Coaching Canvas?
2. How can it support the coach in her/his work with the coachee?
3. Why do you think we conduct the coaching process in this sequence: B1>B6>B2>B3>B4>B5 (instead of simply going from B1 to B6 in order from left to right?)
4. Give an example of using successful past experiences (in B2) to trigger positive change now with your coachee.

**[Personal Work](http://www.youtube.com/watch?v=zNawbuG4mTg)**

1. Let’s practice the material on ourselves. What areas are you working on right now on the “iron triangle”?
2. Pick a real personal or professional goal in your life and give an example of how you’d set the goal using the SMART technique. (Optional: if you’d like to practice the technique even more, set both a personal and a professional goal using SMART)
3. Think of a person you know and a particular challenge they are facing, where coaching could be of benefit to them. Then imagine what the SMART goals would be for them and what will they answer.